

**PETERSON SEWING SCHOOL**  
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### **CLOTHING CONSTRUCTION CERTIFICATE PROGRAM.**

**Program Description.** The *Clothing Construction Certificate Program* is intended for the individual who has a desire to learn the foundation of clothing construction techniques and the step-by-step methods of sewing professional garments. The program is a five unit series that teaches the art of apparel sewing through hands-on instruction. Students are introduced to clothing construction techniques and the construction process of sewing a basic lined skirt, pant, blouse, and lined dress. Students who enroll and successfully complete the entire program will be awarded the *Clothing Construction Certificate*. Students who enroll and successfully complete components of the program are eligible to receive the *Completion Award* for each specific unit.

**EVALUATION PROCESS.** Students will have one additional week at the end of each unit to complete the technical samples and garments. The samples and garments will be evaluated in writing by the instructor and returned to the students within a two week time period from the receipt of the assignments.

### **PROGRAM OBJECTIVES. Upon completion of the program, the student should be able to:**

1. Gather and use appropriately the necessary equipment and tools used in the clothing construction and pressing process.
2. Identify basic woven fashion fabrics, linings, and interfacings.
3. Execute samples of demonstrated clothing construction and accessory techniques using machine and hand-sewing methods.
4. Select, read, layout, pin, and cut a commercial easy-to-sew pattern.
5. Construct basic garments such as a lined skirt, pant, short-sleeved blouse, and the sleeveless lined dress using machine and hand-sewing methods.

### **GENERAL SUPPLY LIST**

1. **Required Textbook:** Amaden-Crawford, Connie, (2011). *A Guide to Fashion Sewing* (5thed.). New York, NY: Fairchild Books.
2. **General Sewing/Pressing Equipment and Supplies:** Sewing machine, iron and ironing board, serger, hand sewing needles, pins, scissor, seam ripper, nipper, tracing wheel and tracing paper, 18 inch clear plastic ruler, tape measure, yardstick, marking pencils, loop turner, sewing gauge.
3. **Fabric and Notions:** Gingham or muslin fabric for samples, fashion fabric, lining, patterns, thread, elastic, zippers, buttons, hooks and eyes, velcro, snaps, cording, bias tape, and other items as needed.

**NOTE:** A *detailed* supply list will be provided with each unit.

## **CERTIFICATE PROGRAM**

### **UNIT ONE: *Introduction to Basic Clothing Construction Techniques***

**DURATION:** *Ten weeks* of instruction plus *three additional weeks* for the evaluation process.

The *Introduction to Basic Clothing Construction Techniques* course focuses on the foundation of apparel sewing techniques. Through hands-on sample demonstrations, students are introduced to the technical machine and hand applications that are required in order to be able to sew professional garments. The students learn about *Sewing and Pressing Equipment, Stitching and Hemming, Seams and Seam Finishes, Darts, Pleats and Tucks, Bias, Zippers, and Closures.*

### **UNIT TWO: *Constructing the Basic Lined Skirt***

**DURATION:** *Five weeks* of instruction plus *three additional weeks* for the evaluation process.

The *Constructing the Basic Lined Skirt* course focuses on sewing a straight and fitted skirt. Through hands-on demonstrations, students are introduced to the technical machine and hand methods of constructing the garment. The students learn to read a commercial pattern; lay-out and cut the pattern and the fashion fabric and lining; serge, sew, underpress/overpress, and hem the skirt and the lining; attach the zipper and the waistband; and other related tasks required to produce a professional garment.

### **UNIT THREE: *Constructing the Tailored Pant***

**DURATION:** *Five weeks* of instruction plus *three additional weeks* for the evaluation process.

The *Constructing the Tailored Pant* course focuses on sewing a tailored and fitted pant. Through hands-on demonstrations, students are introduced to the technical machine and hand methods of constructing the garment. The students learn to read a commercial pattern; lay-out and cut the pattern and the fashion fabric; serge, sew, underpress/overpress, and hem the pant; attach the zipper and the waistband; and other related tasks required to produce a professional garment.

### **UNIT FOUR: *Constructing the Blouse***

**DURATION:** *Five weeks* of instruction plus *three additional weeks* for the evaluation process.

The *Constructing the Blouse* course focuses on sewing a blouse with a collar, set-in sleeves, and front button closure. Through hands-on demonstrations, students are introduced to the technical machine and hand methods of constructing the garment. The students learn to read a commercial pattern; lay-out and cut the pattern and the fashion fabric; serge, sew, underpress/overpress, and hem the blouse; and other related tasks required to produce a professional garment.

### **UNIT FIVE: *Constructing the Fitted, Sleeveless, and Lined Dress***

**DURATION:** *Five weeks of instruction plus three additional weeks for the evaluation process.*

The *Constructing the Fitted, Sleeveless, and Lined Dress* course focuses on sewing a form fitting dress. Through hands-on demonstrations, students are introduced to the technical machine and hand methods of constructing the garment. The students learn to read a commercial pattern; lay-out and cut the pattern and the fashion fabric and the lining; serge, sew, underpress/overpress, and hem the dress and the lining; attach the zipper; and other related tasks required to produce a professional garment.

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Di Marco, Author and Educator. Di Marco, Sally M. (2010). *Draping Basics*. New York, New York: Fairchild Books. Fashion Design Program Coordinator, Stevenson University. Website: [www.sallydimarco.com](http://www.sallydimarco.com). Copyright© 2011 Peterson Sewing School and Syracuse School of Fashion. All rights reserved. No parts of this *Certificate Program in Clothing Construction* may be reproduced or used in any form or by any means without the written permission of James and Barbara Peterson, Owners, Peterson Sewing School and Syracuse School of Fashion. **Disclaimer:** The commercial patterns used in Units Two to Five of the *Certificate Program in Clothing Construction* are subject to change due to the availability and continuity of the pattern by the patternmaking companies. Similar patterns may be substituted